

# Scripture Reading

A practice to know God and his ways as revealed to us in the Bible.

**Joshua 1:8 – “Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.”**

One of the most concrete ways God has revealed himself to us is through his written word – the bible. As such, regular interaction with scripture is as important to spiritual growth as food is to physical growth. The website [www.biblegateway.com/reading-plans](http://www.biblegateway.com/reading-plans) has several helpful options to choose from.

Here are some helpful tips to get the most out of your Scripture reading.

- Find a consistent time and a quiet place.
- Begin by asking God to open your heart and mind to what he wants to say to you.
- Read through the selected Scripture for the day.
- Keep a journal or notebook handy to record any insights or questions you may want to explore.