

May 12, 2019

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Find rest, O my soul in God alone;  
my hope comes from him.

He alone is my rock and my salvation;  
he is my fortress, I will not be shaken.

My salvation and my honor depend on God;  
he is my mighty rock, my refuge.

Trust in him at all times, O people;  
pour out your hearts to him, for God is our refuge.

Selah

—Psalm 62:5-8

**Music from this week:**

To The One [*I Am They*]; Here's My Heart Lord  
[*Crowder*]; Rising Sun, Great Are You Lord [*All Sons  
and Daughters*]; God I Look To You [*Battistelli*];  
King Of My Heart [*McMillan*]

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## **Joy: The Joy of a Fruitful Life**

Eric Johns

*John 15:11*

\_\_\_\_\_ We are created to bear the fruit of the Spirit  
(*John 15:2,4-5; Galatians 5:22-23*)

\_\_\_\_\_ We cannot bear the fruit of the Spirit in the  
flesh (*John 15:4,6; Romans 8:5-8*)

\_\_\_\_\_ The fruitful life comes as the result of being  
filled by the Holy Spirit (*John 15:4; Ephesians 5:18*)

\_\_\_\_\_ We are filled with the Holy Spirit as we abide or  
remain in Christ (*John 15: 4-7,9-10*)

\_\_\_\_\_ When we live moment by moment, filled with  
the Holy Spirit, the fruit of the Spirit [Christ's resources] will  
flow through us (*John 15:6-8; John 7:37-39*)

**Further Reflection:** How are you cooperating with Jesus' invitation to abide in Him? (Prayer, spiritual practices, Bible study, small groups, classes). What barriers to abiding with Him can be removed? (busyness, bad habits, vices, destructive relationships). Spend some time this week taking inventory. Then, in grace and courage, make room for the joy the Spirit can bring to your life.